



## PROPERTIES/THERAPEUTIC USE

### What is LAMISIL and when is it used?

**LAMISIL** cream, solution, spray and DermGel are medicines (antifungal agents) intended for treatment of skin infections caused by fungi (mycoses) such as athlete's foot or other superficial mycoses of the skin and pityriasis versicolor.

**LAMISIL** cream is also effective against infections caused by yeasts (candidoses of the skin).

**LAMISIL** cream, solution, spray and DermGel rapidly suppress symptoms such as itching, desquamation (scaling) and red blotches.

## ADDITIONAL INFORMATION

### Apart from treatment what steps can be taken?

In order to prevent mycoses, observe the following rules:

Change your clothes every day because it is possible that the germs remain attached to parts of the clothes which are in contact with infected regions of the skin.

Avoid wearing clothes which fit too tightly or have little permeability to air.

Carefully dry the affected parts after washing.

Change your flannel and towel every day.

If you are suffering from athlete's foot, do not walk barefoot. In addition, sprinkle or spray the inside of your socks or shoes every day with a powder or spray which is effective against fungal infections.

## CONTRAINDICATIONS

### When should LAMISIL not be used?

Do not use this product if you are allergic to one of its components. As the experience in children under 12 years of age is limited, the use of **LAMISIL** cream, solution, spray or DermGel is not recommended in children under 12 years of age.

## PRECAUTIONS

### What precautionary measures should be observed when using LAMISIL?

**LAMISIL** cream, solution, spray or DermGel should only be used externally. Avoid all contact with your eyes.

If by accident the product (solution, spray and DermGel) comes into contact with the eyes, they should be carefully flushed with cold water. Consult your doctor if there is still discomfort.

**LAMISIL** solution, spray or DermGel must be used with care on open wounds because these products contain alcohol which can cause irritation.

**LAMISIL** solution, spray and DermGel must not be used on the face. Consult your doctor in the case of large-scale mycoses or when the mycosis involves the nails.

Please inform your doctor or pharmacist if you suffer from other illnesses, allergies or use other medicines for internal or external use (even under self-medication!).

## Pregnancy/Lactation

Can **LAMISIL** be used during pregnancy or lactation?

Only under medical authorisation.

## DOSAGE/METHOD OF USE

### How is LAMISIL used?

For adults and children above 12 years: before applying **LAMISIL**, carefully wash the affected parts with a cotton wool pad and warm water and then dry carefully.

**LAMISIL cream**: apply **LAMISIL** cream to the affected parts and surrounding areas and rub in gently to ensure penetration.

**LAMISIL solution/spray**: apply **LAMISIL** solution/spray by carefully soaking the affected parts and surrounding areas of the skin.

**LAMISIL DermGel**: apply **LAMISIL** DermGel to the affected parts and surrounding areas and gently rub in.

### Duration of normal treatment

For adults and children above 12 years:

**Cream**: Athlete's foot, superficial skin mycoses: apply once a day for 1 week.

Skin candidiasis: apply 1-2 times a day for 1 week.

Pityriasis versicolor: apply 1-2 times a day for 2 weeks.

**Solution/spray**: Athlete's foot, superficial skin mycoses: apply once a day for 1 week.

Pityriasis versicolor: apply twice a day for 1 week.

**DermGel**: Athlete's foot, superficial skin mycoses, pityriasis versicolor: apply once a day for 1 week.

In order to avoid any relapse, follow the treatment as described above. If after one week there is no improvement, consult your doctor. Please observe the dosage indicated in this information leaflet or prescribed by your doctor. If you feel that efficacy of the medicine is too weak or on the contrary too strong, please consult your doctor or pharmacist.

## UNDESIRABLE SIDE EFFECTS

### What undesirable side effects can LAMISIL have?

Sometimes, irritations, redness or a mild sensation of burning on the skin occur but it is rare that these complaints cause the treatment to be stopped.

Allergic reactions such as itching, rashes and outbreaks of spots are rare. If you notice the appearance of any of these symptoms, stop the treatment and consult your doctor.

## SPECIAL REMARKS

### What should also be taken into consideration?

Medicines must be kept out of the reach of children.

**Cream**: do not store above 30 °C.

**Solution/spray**: do not store above 30 °C. Do not store in the refrigerator.

**DermGel**: do not store above 30 °C.

The medicine may not be used beyond the date printed on the package with the indication <EXP>.

For more comprehensive information, consult your doctor or pharmacist who have more detailed information intended for representatives of the medical professions.

## COMPOSITION

**Cream**: 1 g cream contains 10 mg terbinafine hydrochloride (active ingredient), benzyl alcohol and other excipients.

**Solution/spray**: 1 ml solution/spray contains 10 mg terbinafine hydrochloride (active ingredient), propylene glycol, alcohol and other excipients.

**DermGel**: 1 g gel contains 10 mg terbinafine (active ingredient), benzyl alcohol, alcohol, butylhydroxytoluene (E 321) and other excipients.

## PRESENTATION

Cream 1%: 7.5 g and 15 g tube.

Solution 1%: 30 ml vial.

Spray 1%: 15 ml and 30 ml vial.

DermGel 1%: 5 g, 15 g and 30 g tube.

## Manufactured by

**Cream/DermGel**

Novartis Consumer Health SA Nyon Switzerland

**Spray/Solution**

Novartis Pharma SAS Huningue France

**for**

Novartis Consumer Health SA Nyon Switzerland

## INFORMATION UPDATED

July 2001.



## (THIS IS A MEDICAMENT)

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use, and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

## Keep medicament out of reach of children

Council Of Arab Health Ministers

Union Of Arab Pharmacists

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